

**USD #250**

## **Anti-Bullying Mission**

As a school community, we do not tolerate bullying behaviors. We agree to recognize it, stop it, and stamp it out!



### **Definition**

Bullying is a conscious, willful, and deliberate hostile activity intended to harm, induce fear through the threat of further aggression, and create terror. Bullying can be any intentional gesture or any intentional written, verbal, or physical act, or threat that is sufficiently severe, persistent, or pervasive. Bullying creates an intimidating, threatening, or abusive educational environment for a student or staff member that a reasonable person, under the circumstances, knows or should know will have the effect of:

- a) Harming a student or staff member, whether physically, non-verbally, verbally, socially, or emotionally;
- b) Threatening to, or damaging a student's or staff member's property;
- c) Harming someone's group acceptance;
- d) Threatening or harming a student or staff member through cyberbullying.

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# **PITTSBURG COMMUNITY SCHOOLS Anti-Bullying BROCHURE**



# Keeping Our Kids Safe

USD #250 is committed to keeping all students and staff safe at school. In order to provide a safe environment, the USD #250 has adopted anti-bullying policy. Furthermore, each school has procedures and programs in place to prevent and stop bullying. Another component of our Anti-bullying commitment is the establishment of the Anti-Bullying Task Force. The task force is made up of administrators, counselors, school resource officers, and transportation staff who meet regularly to review data and develop plans to address bullying. All staff are trained in recognizing and stopping bullying behaviors. Efforts to involve the community continue. The task force has established reporting procedures for bullying. Each school has an incident report available for staff, parents/guardians, and students. An incident report is also available online.



Reports are addressed in a confidential manner.

Counselors provide instruction on identifying bullying behaviors and steps to handle a bully.

All bullying reports are documented and investigated.

Students who are involved in bullying acts will receive consequences and follow up meetings with staff. Consequences for bullying behaviors are developmentally appropriate and dependent upon frequency and severity of the incident.

As a school, we strive to work with parents and guardians to keep our kids safe. Parents and guardians will be notified if their child is involved in a bullying incident.

# Things to look for . . .

- Shows an abrupt lack of interest in school, or refuses to go to school.
- Takes an unusual route to school.
- Is often angry, sad or depressed, withdrawn, self-loathing and emotionally erratic.
- Suffers a drop in grades.
- Frequently hurt by a particular person or group of people.
- Frequently picked on in the presence of others.
- Withdraws from family and school activities.
- Is hungry at school.
- Steals money from home.
- Makes a beeline to the bathroom when arriving home from school.
- Is sad, sullen, angry, or scared after receiving a phone call, text, or email.
- Does something out of character.
- Has stomachaches, headaches, panic attacks, is unable to sleep, or is sleeping too much.
- Plays alone or prefers to be with adults.



# How can you help if your child is being bullied?

- Tell your child , “I hear you; I am here for you; I believe you; You are not alone in this.”
- Reassure the child that it is not their fault.
- Work Together to find solutions.
- Help your child develop strategies and skills for handling bullying.
- Document all details of the incident.
- Contact the child’s teacher, principal, or counselor.
- Encourage your child to report the incident. follow up by contacting the school to confirm that it was reported.
- Continue to visit with your child about bullying.